

Ladies' Advance



A ministry of the
Empire State Fellowship
of Regular Baptist Churches

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www.esfrc.org

Directions to SUNY Cortland

From I-81: Take Exit 11, go south on Route 13 through town until you come to Broadway (Sunoco gas station). Turn right, go to first red light, turn right onto Neubig Road. Fay Corey College Union building on the left.

From Route 13: Coming from the north, follow above directions after you go under Route I-81. Coming from the South: After 281 and 13 split, go 2-3 miles to Broadway. Turn left and follow above directions.

Craft Corner

- Sell your craft items
- No charge; keep the profits
- Sales tax paid by the ESF
- Great way to share your craft interests

Vendors must sign
up by May 15th —
Go online to
download form
www.esfrc.org

Nine Practical Workshops

Choose three when you register

1. Organize/Reorganize!

A simple, practical workshop for the typical unorganized person. It will give you the basics of organization and the best ideas for getting different rooms of your home organized. You will be inspired (or re-inspired) to clean up and clean out.

Amy Kauffman, laywoman, Marion

2. Road To Recovery

Insights for helping the helpless. A look at the emotional, physical and spiritual needs of those in short term recovery or disabled. Practical tips and ideas on how you can best help and serve them.

Sheryl Douglass, pastor's wife, Geneva

3. Gracious, Me?

Practical ways to cultivate a gracious spirit in an ungracious world. Using the scriptures, the workshop will show you how to grow a gracious attitude. Gracious or grouchy, what will it be? How do people (saved or unsaved) see you?

Cheryl Maxson, pastor's wife, Ticonderoga

4. What Do I Know About My God?

Satan wants you to believe that God is inadequate for your needs. This workshop will teach you a simple life-changing method of Bible study that will affect your thoughts about God and will cause you to know, trust and enjoy Him better than ever before.

Margie Kauffman, professor's wife, Clarks Summit

5. Godliness Isn't for Sissies

Godliness is for every Christian woman. Join us for an interesting Bible study on I Timothy 4:7-16 on training ourselves for godliness. Exercise that yields weighty benefits for now and eternity.

Liz Lloyd, pastor's wife, Brooktondale

6. Helping Teens Form Biblical Convictions

Teens are bombarded everyday by both positive and negative influences. This workshop will provide practical tools for you to help today's young people apply biblical principles in life's day to day choices and in major decisions.

Mel Walker, speaker's husband, Clarks Summit

7. I'm A Widow, What Do I Do Now?

Becoming a widow in life happens to many women. Big changes happen in a moment. This workshop will deal with the struggle of widowhood and how to adjust as well as ways to help those who lost their "other half."

Grace Briggs, a widow, Yorkshire

8. From a Troubled Mind to a Trusting Heart

In times of difficulty, you may be tempted to think God has forgotten you. In reality, the Lord never forgets His children. An examination of Psalm 13 will show how the psalmist turned a troubled mind for a rejoicing heart in his time of difficulty.

Craig Brittingham, pastor, Hornell

9. Quilting: A Ministry?

Come and learn how to combine the treasures of God's Word with the joy of quilting while ministering to others. There will be quilting tips, free patterns, and sew and tell (bring a completed project to share).

Mabel Flatt, former pastor's wife, Newark Valley